Welcome to 2015
Millthorpe Public School
Newsletter

Issue 26
Wednesday 26th August 2015

Dates to Remember

→ Regional Athletics Carnival - Dubbo 28th August
→ Regional Spelling Bee Finals - Millthorpe Public school Hall 9th September
→ music@millthorpe concert - 10th September - 5.30 pm Millthorpe School hall
→ No Garden Club this Term, will kick off again in Term 4.

Principal’s Report

Week 7 Term 3

NAPLAN

Students in years 3 and 5 will be receiving their NAPLAN results with their newsletters today. CONGRATULATIONS students on your excellent results. Everyone has done “Their Best Always” for Millthorpe Public School. Well Done year 3 and 5.

Good Luck Athletes!

Good luck to the Heritage Country Schools athletes who will be competing in Dubbo on Friday. Our Heritage team has been selected from the results of School Carnivals, as our District Carnival was abandoned due to inclement weather.

I hope you have a great day of competition in Dubbo on Friday, in the sunshine! Good Luck!

School Swimming Scheme

School swimming has started this week for students learning to swim in years 1, and 2. Please label towels, swimmers, socks, goggles and underwear, so we can return lost items to you.
Principal’s Report Continued

**Sporting Schools News**

Our sporting schools program continues to develop, there are still some places in senior netball on Wednesday afternoons. If your child is attending, please remember to pack some additional afternoon tea (fruit!) to keep them going!

**CWA day**

CWA day included a great display of students’ independent research, in many forms. The performances were terrific, with many prizes being awarded to deserving students. Well done everyone on another very successful CWA day.

**music@millthorpe**

Our music@millthorpe concert is coming up! At music@millthorpe we all get to hear those terrific performances from students preparing for Examinations, Eisteddfods and hardworking music students throughout the school. music@millthorpe night is set for Thursday 10th September, starts at 5.30.

**Next Assembly**

The next assembly is an INFANTS assembly, on Friday 4th September, starting at 2pm, in the hall. The performers for this assembly will be 2B.

**Cybersafety warning**

Dear parents,

It has recently come to our attention that a cybersafety risk exists for young people playing a number of popular online games, including, but not limited to Minecraft, Clash of Clans, Mooshie Monsters, Terraria, and Five Nights of Freddies. The danger exists in young children being able to send and receive messages, and in some cases, photographs with other game players.

Please supervise young children during screen time, and ensure you know who they may be messaging, and who may be messaging them.

**Enrolments 2016**

Time to enroll for 2016. Collect an enrolment form from the office or the website.

**Kind Regards**

Jo Jackett

2GZ has teamed up with Bunnings Warehouse to stamp out bullying by installing ‘Buddy Benches’ in schools around the Central West. The Buddy Bench is a permanent bench in the school where children are encouraged to sit if they are feeling lonely, bullied or have no friends that day.

- If a child sits on the ‘Buddy Bench’ they must say yes to the first friend who invites them to play or walk and talk
- If a child sees someone else sitting on the ‘Buddy Bench’ they must invite them to play or walk and talk
- If two children are sitting on the ‘Buddy Bench’ they should turn to each other and invite each other to play or walk and talk

All you have to do is follow this link (http://www.2gzfm.com.au/win/buddy-bench/) and nominate MPS. We have the schools permission and the school contact is Jo Jackett. However, the deadline is this Friday.
Peer Support News

**Week 7**

We introduce a 3 step model this week to encourage resilient responses; Pause, Plan, Proceed. The children take part in an activity to identify their feelings and the immediate effects on their bodies ie butterflies in their stomachs. The normalcy of feelings is acknowledged and the importance of being proactive is stressed. The children learn that pausing when they are emotional is helpful. They can do this by being still, taking a deep breath or counting to ten. Pausing gives children space to see a situation more accurately before planning a response. Ask your child to describe the 3 steps of the model and what is involved in each one.

Primary Assembly 21-8-15

**3R** Ethan Bird, Mathew McKenna, Ella Fisher, Scarlet Robinson, Jamilla Worland

**3/4S** Monique woods, Ky Hurst, Annika Jamieson, Paddy McKiernan, Chaase Cowan, Hadden Bennett, Skye Stone-Hayek, Octavia Robinson

**4R** Hugh Begbie, Max Fitzsimmons, Thomas McDonald, Jessica Harris, Georgina Kingham, Thomas Dixon, Rylie Heller, Finn Taylor, Hannah Keukenmeester, Hugh Begbie

**5/6 M** Tom Cooper, Liam Francis, Lilly Bingham, Jessica Clowes, Melissa Cowan, Loretta Francis, Ezra Hill, Bailee Williams, Makayla Hudson


**Award of Merit:** Ruby Coulton, Noah Ellem, Thomas Cover, Aaliyah Buchtmann, Joel Davis, Lily-Anne Vaughan, Ashley Sawdy

**Green Banner:** Thomas McDonald

**Blue Banner:** Caitlyn Parkinson, Lachlan Begbie, Rylie Heller

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**Writing in 5/6T**

**My Favourite Place**

My favourite place is on the back of my horse. Riding my horse gives me an adrenaline rush. Riding is my passion and means the world to me. My favourite thing is galloping because it feels like I’m flying. By riding, it sets me free and keeps my mind off the problems around me. By Ginger

**My Favourite Possession**

My favourite possession is my Raggedy Anne doll that my mum gave me. I keep this doll at the end of my bed. It has buttons as its eyes and nose, and it also wears a dress with flowers on it. This doll is special to me because my mum gave it to me and her mum gave it to her so it’s significant to both of us! By Ella

**My Favourite Possession**

I love my ipad, it’s my favourite possession. I was given my ipad for Christmas last year my mum and dad. My ipad has thousands of apps, well at least it looks like it. I take my ipad everywhere with me. There are lots of memories that I have saved on it and I would NEVER give my ipad up for anything. By Amber

**A Place I Wish I Could Visit**

One of the places I would like to go would be Africa. Africa is known for its animals, rainforests and going on safari. My mother’s favourite animal is an elephant and she would enjoy going to Africa to see a herd of elephants. I would go in winter so that I could see the breeding season. For my birthday I would like to go for a ride on an elephant. Elephants are very large, strong and beautiful creatures and they would never forget me because elephants never forget. By Ayla
Canteen News Term 3 Week 7

Another great week of stickers & pencils and lots of fresh and healthy fruit and veg! Don’t forget the **Eat Fresh & Win Promotion** continues this week. Buy an apple slinky, fruit cup, corn cob, salad bowl or sandwich, happy hamburger or a wrap with salad and you get a sticker. 2 stickers will get you an entry in the competition and a cool pencil & eraser.

Thank you to Lisa and Sarah for stepping up for this Friday, which means we won’t have to close. **HOWEVER, to avoid having to close on the following Friday the 4th Sept, I need 1 helper for the whole day and someone to do just the morning from 8:45am to 11am.** I need these spots filled by 3pm this Friday, before I place my orders for the following week, or once again we will have to close. Please contact me on 0417 294 363 or at jcparko@bigpond.com.

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<tr>
<th>Date</th>
<th>Helper 1</th>
<th>Helper 2</th>
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<tr>
<td>Thurs 27th August</td>
<td>Deb Searle</td>
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<td>Fri 28th August</td>
<td>Lisa Fowler</td>
<td>Sarah McLean</td>
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<td>Thurs 3rd Sept</td>
<td>Lisa Fowler</td>
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<td>Fri 4th Sept</td>
<td>Annette Mackay</td>
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<td>Thurs 10th Sept</td>
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<td>Fri 11th Sept</td>
<td>Lisa Fowler</td>
<td>Fay Lochrin</td>
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<td>Thurs 17th Sept</td>
<td>Cecilia Littlefield</td>
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<td>Fri 18th Sept</td>
<td>Rachel Booth</td>
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**The Millthorpe Markets committee has a vacancy!**

The role of canteen coordinator is up for grabs. This job has a very easy to follow job role and loads of support from the existing committee. You also get the feel good reward that comes from helping continue to raise funds for the educational resources for all of our children.

If you would like more information about the canteen coordinator’s role or if you’re interested in helping out on the committee in another capacity, please contact Johannah on 0418 675 039 or jandd001@bigpond.com

Save the date - Millthorpe Markets Sunday 6th December 2015

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